



Art Heals



Help for Kids When the Police Arrive

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Help for children when the police arrive.

**Someone is getting hurt
in your family!**

Draw a picture of who it is.

It's NOT my fault! • It's NOT my fault! • It's NOT my fault!



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Help for children when the police arrive.

**The police have been called
to help you and your family.**

Draw or write what happened.

It's NOT my fault! • It's NOT my fault! • It's NOT my fault!



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Help for children when the police arrive.

What will the police do?

What will happen to me?

It's NOT my fault! • It's NOT my fault! • It's NOT my fault!



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My Feelings are Important!

Circle the faces or words that show how you feel.
Or draw your own face in the middle.



confused • sick • mad • sad • glad • scared • hurt • lucky • joyful • silly • needed • jealous
 brave • surprised • special • helpless • smart • proud • guilty • depressed • confident • ashamed
 rejected • free • disgusted • unwanted • trusted • alone • happy • dirty • worried • excited
 lovable • frightened • disappointed • alive • angry • embarrassed • carefree • trapped • horrified

It's NOT my fault! • It's NOT my fault! • It's NOT my fault!



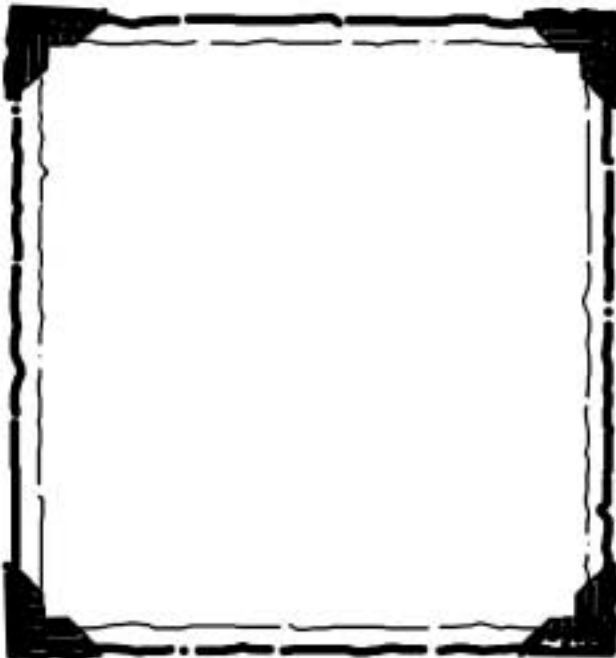
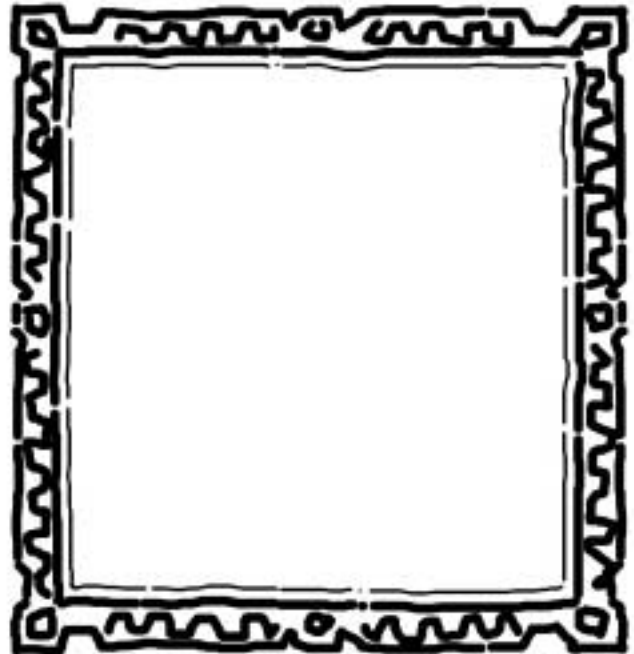
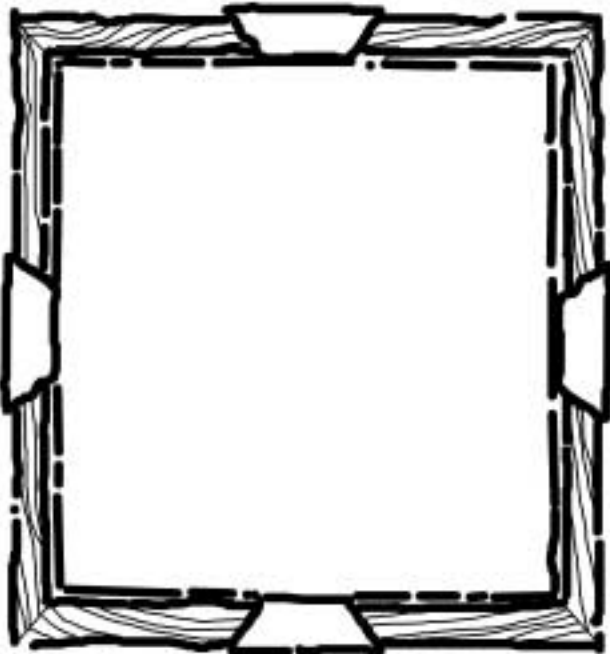
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Help for children when the police arrive.

Draw or write about the people who can help you.

Here are some ideas: teachers, neighbors, relatives, police, firefighters, doctors, nurses, rabbis, priests, ministers, friends, counselors



Draw a picture of someone who loves you.

It's NOT my fault! • It's NOT my fault! • It's NOT my fault!



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I have a few questions:

You are NOT alone. Ask some adults to help you get answers to these questions.

Who will take care of me? _____

Why did this happen? _____

Is this my fault? **NO!** _____

Other questions I have: _____

It's NOT my fault! • It's NOT my fault! • It's NOT my fault!



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Help for children when the police arrive.

Phone numbers I can call for help now...or in the future:

Here are some ideas: police, firefighters, doctors, nurses, neighbors, relatives,
rabbis, priests, ministers, friends, counselors, teachers,

911

Police

It's NOT my fault! • It's NOT my fault! • It's NOT my fault!



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Wish Upon a Star!

Star Light, Star Bright,
first star I see tonight
I wish you may, I wish you might,
grant the wish I wish tonight

Draw or write what you wish for.

It's NOT my fault! • It's NOT my fault! • It's NOT my fault!